

Breastplate of Righteousness

Scripture Reference

Ephesians 6:14 - "...having put on the breastplate of righteousness."

Main Points

- **Point 1: Righteousness Is God's Standard—Not Ours**

Righteousness is not what feels right, what culture says is right, or what we believe is right. It is living according to God's truth and His standard.

- Jeremiah 17:9 – The heart is deceitful above all things
- Romans 3:10 – There is no one righteous, not even one
- Mark 7:21–22 – Sin comes from within the heart

We are not naturally righteous—our hearts need transformation.

- **Point 2: The Heart Must Be Protected**

The breastplate protects vital organs—especially the heart, which represents our spiritual core.

- Proverbs 4:23 – Guard your heart, for everything flows from it
- Luke 6:45 – The mouth speaks what the heart is full of

What's in your heart will show in your life:

- Anger → actions
- Lust → behavior
- Dishonesty → decisions

If the heart is unprotected, everything else is affected.

- **Point 3: Righteousness Is Given and Grown**

We cannot earn righteousness—it is given through Jesus, then developed daily.

- 2 Corinthians 5:21 – We become righteous through Christ
- 1 Peter 2:24 – He bore our sins so we can live in righteousness

Then we grow in it daily:

- Galatians 5:16 – Walk by the Spirit
- Galatians 5:24 – Crucify the flesh

Righteousness is:

- Given (Justification)
- Lived out (Sanctification)

Reflection/Action Step

Am I trying to look righteous on the outside—or allowing God to transform my heart on the inside?

Prayer

Lord, I surrender my heart to You. I cannot make myself righteous, but I receive the righteousness You give through Jesus. Transform me from the inside out and help me live according to Your truth daily. Amen.

Bonus - Key Verse to remember

2 Corinthians 5:21 – “God made him who had no sin to be sin for us, so that in him we might become the righteousness of God.”